

**And he called unto him the twelve,  
and began to send them forth by  
two and two; and gave them power  
over unclean spirits;  
And commanded them that they  
should take nothing for their  
journey, save a staff only; no scrip,  
no bread, no money in their purse:  
But be shod with sandals; and not  
put on two coats.**

**Mark 6:7-9**